

# Study Guide

## States and Capitals

1. New York, Albany
2. Pennsylvania, Harrisburg
3. New Jersey, Trenton
4. Delaware, Dover
5. Maryland, Annapolis
6. Virginia, Richmond
7. West Virginia, Charleston
8. Washington D.C.

## Cities:

1. Buffalo
2. New York
3. Atlantic City
4. Philadelphia
5. Baltimore
6. Pittsburgh
7. Norfolk

## Bodies of Water

1. Lake Ontario
2. Hudson River
3. Susquehanna River
4. Potomac River
5. James River
6. Chesapeake Bay

## Landforms

1. Adirondack Mountains
2. Catskill Mountains
3. Long Island
4. Allegheny Plateau
5. Appalachian Mountains

## Mid-Atlantic States

