

Thompson Falls Invite Splits

Blue = met goal, Green = best mile, Orange = significantly worse, Yellow = best time

Name	Goal	Mile 1	Mile 2 Split	Mile 2 Total	Overall Mile Pace
Girls					
Malachi	18:30	8:53	9:11	18:04	9:02
Summer	18:15	9:14	9:37	18:51	9:25
Melaia	20:00	9:24	9:41	19:05	9:33
Frankie	19:50	9:15	10:29	19:44	9:52
Alice	20:00	9:24	10:40	20:04	10:02
Ashley	23:30	11:44	11:54	23:38	11:49
Boys					
Jason	12:40	6:13	6:42	12:55	6:27
Ivory	12:40	6:19	6:43	13:02	6:31
Madah	13:30	6:17	6:46	13:03	6:31
Skyler T.	12:50	6:26	7:07	13:33	6:46
Brendan	15:00	6:45	7:21	14:06	7:03
James	13:40	6:46	7:41	14:27	7:13
Sequoia	14:30	6:51	7:56	14:47	7:23
Francois	17:00	7:56	8:38	16:34	8:17